



## TESTIMONIALS FOR 'THE ANSWER' FROM COACHES

"Acknowledging, listening, questioning & messaging are 4 key coaching skills...but the most important in my view is questioning & yet its often the one that coaches pay less attention to developing. We all know that the better the question the better the answer, so treat your clients to enhanced skills in this essential area - this thought provoking book as an easy read & yet packs a powerful punch! I would highly recommend it to all coaches, whether you are just starting out or at an advanced level. The better we can all develop this skill, the more choices we have to 'dance with our clients'.

Many of our favourite testimonials relate to our ability to question well & deeply - this not only helps to raise client's awareness, but can also help them to make profound choices/behavioural shifts. This simple book manages to capture the very essence of questioning, providing useful examples & key learning points. There are lots of coaching books - please consider this one for your collection.

I highly recommend this to you & your students. Many coaching books are bought - this one will not only be read, but cherished for the golden nuggets inside! Thanks for providing such a great resource."

**Heather-Jane Sears, Chief Executive, Synergy Global [www.synergy-global.com](http://www.synergy-global.com)**

I am writing to congratulate you on your book "The Answer - Improve Your Life by Asking Better Questions". I found the book to be engaging, enlightening, really practical, motivating and very inspirational - it's years of wisdom in one little, easy to read package!

I highly recommend that coaches buy copies of the book for themselves or their clients because it explains so neatly what we do and it empowers clients to do the same! We are including the book as part of our curriculum for our ICF Accredited Coach Training Program and in our accredited business programs.

**Natalie Ashdown, Director, The Open Door Coaching Group ICF Australasia - Vice President VIC**

"When I embarked upon my coach training there were very few coaching books on the market that really demonstrated, in practical terms, how coaching could be applied and bring about significant change. 'The Answer - Improve your Life by Asking Better Questions' does this so effectively, through real life examples shared by author and experienced coach Lindsay Tighe. Written in a very 'down to earth' style, Lindsay shares experiences of her personal growth and awareness of how by improving her questioning techniques she could bring about some profound life changing events in her own and other peoples lives. Not only an inspirational read, with many tips, scenarios and checklists, this book would be a valuable resource to any coach and in particular, I consider it to be a 'must read' for any coach in training."

**Tina Dolphin, Past President, ICF Sydney Chapter**



Thanks Lindsay for a fantastic resource that I can highly recommend to all the participants of our coach training programs. The beauty of The Answer is that although it is easy to read, it conveys wonderfully how the art of asking good questions can transform almost any situation. It is a great tool for anyone wanting to communicate more effectively and a must have for any new manager. I recommend it most highly.

**Kath McKenzie, Director, Fire Up Coaching**

“For as long as I've known Lindsay Tighe she has been passionate about the power of questions. Her appropriately titled 'The Answer' gives life to her passion and life's work as a professional coach. If questions are the coaches toolkit, I strongly encourage aspiring coaches or anyone charged with the responsibility of leading team's of people in the work place or sporting endeavours to add 'The Answer' to their resources. Packed with real life examples and applications as well as exercises to further challenge your own questioning skills to ultimately improve your life by asking better questions.”

**Deb Hann, Coach, Trainer & Speaker, Hanns On Enterprises**

Good Read for us Coaches.....With all the books, reading and extra professional development that I have done and completed over the years, it was great to see someone has finally put in a very simple, insightful way a book that is used as a easy reference to asking the right questions, which the title I find is perfect! ' The Answer....Improve your life with better questions'.

Well done Lindsay for such a easy read and practical book, I enjoyed it so much, it was a great for me to send onto a list of people who, since we last spoke, have found it as insightful as I, which is great as they are internal coaches who find it a great reference when coaching and love it...so thank you so much! Well done and look forward to hearing how it is a best seller!

**Terry-Lyn Stevens, Director, Gaining Outcomes GO**