



Ask better questions to release the potential of others!

The premise for this workshop is we spend too much time telling others what to do and inhibiting them from being resourceful. Workplace cultures that do not facilitate people finding better answers themselves can be stifling and toxic to work in leading to disengaged and underperforming staff who are inhibited in performing at their best.

This workshop brings you the opportunity to learn some strategies that facilitate people you converse with being able to tap into their potential and resourcefulness leading to them feeling more valued, engaged, motivated and fulfilled.

The skill of asking better questions to facilitate others finding better answers will have a profound impact on your ability to allow others to fulfill their potential and you will walk away with some simple strategies to put into place immediately.

What will be covered during the workshop?

- ✓ Telling vs asking – the business case for asking better questions
- ✓ What is so special about questions
- ✓ How do I ask others better questions
- ✓ What questions should I ask?
- ✓ Participate in an experiential activity where you get to ask better questions
- ✓ Taking action in my work and life

What will I gain if I attend?

- ✓ Understand the benefits of asking vs telling as a preferred mode of communication
- ✓ Develop listening skills to facilitate more creativity, resourcefulness and engagement
- ✓ Understand the power of questions and what questions to ask
- ✓ Experience asking others better questions
- ✓ Walk away with an action plan for implementation to improve your skills on an ongoing basis

Who is this workshop suitable for?

This half day workshop is suitable for everyone that wants to be able to have more empowered conversations with people to help them to be more resourceful – in particular managers and leaders that have responsibility for a team of people.

More about your facilitator

This workshop will be facilitated by Lindsay Tighe. Lindsay is the founder of Inspirational Coaching and is a successful and highly regarded speaker, business woman, author and coach who is passionate about inspiring others to improve their own lives and the lives of others. She has published a unique self development tool called CHOOSE YOUR LIFE – Self Coaching Cards and a fabulous book called THE ANSWER – Improve Your Life By Asking Better Questions



Her unique blend of life experience, the corporate world, establishing and running her own business, formal qualifications and genuine love of people give her the ability to inspire and really make a difference to people. Described as inspirational, wise and intuitive, Lindsay lives and breathes the philosophy that if you ask a better question you will get a better answer. She is committed to changing the world by helping people to have more empowered thoughts and conversations with each other to tap into their own wisdom.

Lindsay holds an MBA from Macquarie Graduate School of Management and regularly speaks at a variety of functions. She has also been featured in national publications such as Women's Day, Good Health & Medicine, New Idea and the Qantas In-flight Magazine.

****BONUS OFFER****

All participants will receive a copy of Lindsay's book Improve Your Life By Asking Better Questions valued at \$24.95



Everyone is looking for answers – most of us look in the wrong place and wonder why we don't feel better or why the answer didn't solve the problem. The **ANSWER** provides an insightful and simple way to finding better answers that we can all use immediately and to great effect.

The overriding premise is that YOU are far more resourceful than you give yourself credit or indeed time for. If we shift our focus to being more empowered and resourceful we will be amazed at the results that can be achieved.

In this thought provoking book you are invited to not only ask yourself better questions; but also to use this skill with others to ultimately provide the opportunity to improve the lives of everyone you interact with.

For more information about this workshop or to book an onsite workshop please call 1300 695 377 or email info@betterquestions.com.au

Please note that we are wait listing names for our public workshops so call or email today to register your interest.